



2011 – 2012 Lanark United Winter Development Program

WHO: Players who plan to play competitive soccer in 2012, or recreational players with a keen desire to improve their skills

WHEN: October 7, 2011 – February 20, 2012 (excluding holidays Dec 21st – Jan 8th)

WHERE: Indoor Soccer Field (Beckwith Recreation Complex) which is located at Beckwith Park, 1319 9th line Beckwith, east of Hwy #15

WHAT: Have fun building your soccer skills during the 17 session program. Program makeup - 12 technical sessions with games every 3rd week vs other closely aged groups

- Technical session: 20 minute warm up and stretching, 45 minute skill building, 25 minute small sided game.
- Game Session: 20 minute warm up and stretching, 70 minute full field game

SESSION SCHEDULES: A maximum of 30 players will be registered for each session

U6/U7 (born 2005/2004)	Monday 6:00 pm – 7:30 pm
U8/U9 (born 2003/2002)	Friday 6:00 pm – 7:30 pm & Saturday 10:30 am – 12:00 pm
U10/U11 (born 2001/2000)	Saturday 9:00 am – 10:30 am
U12 Girls (born 1999)	Saturday 1:30 pm – 3:00 pm
U12/U13 Boys (born 1999/1998)	Monday 7:30 pm – 9:00 pm
U13 Girls (born 1998)	Tuesday 6:00 pm – 7:30 pm
U14 Girls (born 1997)	Tuesday 7:30 pm – 9:00 pm
U14 + Mixed (born in 1997 & earlier)	Saturday 12:00 noon – 1:30 pm

Note: No days/times are guaranteed, they may be adjusted depending on registration

COST: \$225.00 per player. All registered players will receive a T-shirt.
On line registration is now open – ending on October 1st. A \$25.00 late fee will be added after this date. Please contact the club administrator Administrator@cpsoccer.ca for late registrations and availability.

FOR MORE INFORMATION: Call Ali Beiglee, CPSC Winter Soccer Director, at 613-257-8046 or email: abeiglee@hotmail.com